



skeptiko.com

**POLITICAL ACTIVIST TO  
SPIRITUAL SEEKER**

**TALAT PHILLIPS #209**

1  
00:00:14,859 --> 00:00:12,249  
on this episode of skeptic Oh Alex talks

2  
00:00:18,339 --> 00:00:14,869  
with Jonathan to lot Phillips about his

3  
00:00:21,279 --> 00:00:18,349  
new book the electric jeezus if you buy

4  
00:00:23,350 --> 00:00:21,289  
into materialism both as an individual

5  
00:00:24,939 --> 00:00:23,360  
if you think you're a biological robot

6  
00:00:28,419 --> 00:00:24,949  
and that's all you are well man you're

7  
00:00:30,189 --> 00:00:28,429  
lost if you buy into materialism as it

8  
00:00:32,170 --> 00:00:30,199  
exists in our society that we need to

9  
00:00:34,990 --> 00:00:32,180  
get all weekend and we need to go bomb

10  
00:00:37,479 --> 00:00:35,000  
other people all that stuff you're lost

11  
00:00:40,360 --> 00:00:37,489  
but as soon as you cross that chasm and

12  
00:00:42,580 --> 00:00:40,370  
you say ok there's something more isn't

13  
00:00:44,740 --> 00:00:42,590

there the risk there that we get into

14

00:00:47,740 --> 00:00:44,750

this backdoor materialism again where we

15

00:00:50,020 --> 00:00:47,750

really think that we're building this

16

00:00:53,170 --> 00:00:50,030

stuff that's gonna do this stuff for

17

00:00:54,939 --> 00:00:53,180

tomorrow we're in control thing once

18

00:00:57,760 --> 00:00:54,949

again a set up in either or and I think

19

00:01:00,130 --> 00:00:57,770

it's both end because if I look at most

20

00:01:01,869 --> 00:01:00,140

of my clients most of them need to get

21

00:01:04,570 --> 00:01:01,879

in the material world a little bit they

22

00:01:06,969 --> 00:01:04,580

need to get in their bodies and find out

23

00:01:08,859 --> 00:01:06,979

how to figure out jobs and live an

24

00:01:11,020 --> 00:01:08,869

abundant life that doesn't mean by a

25

00:01:13,240 --> 00:01:11,030

mansion but it just means to know how to

26  
00:01:15,969 --> 00:01:13,250  
support themselves and talk with people

27  
00:01:18,280 --> 00:01:15,979  
on the other hand I definitely saw this

28  
00:01:20,710 --> 00:01:18,290  
with like occupy you know it was very

29  
00:01:22,810 --> 00:01:20,720  
frustrating for me seeing all the

30  
00:01:24,490 --> 00:01:22,820  
projected anger it's good to express

31  
00:01:26,890 --> 00:01:24,500  
anger but when you projected at others

32  
00:01:28,960 --> 00:01:26,900  
it creates more that fear culture it's

33  
00:01:30,520 --> 00:01:28,970  
actually a violent energy projected what

34  
00:01:32,679 --> 00:01:30,530  
I like to evolve are in this is we're

35  
00:01:35,140 --> 00:01:32,689  
more of like oh how can you create its

36  
00:01:38,139 --> 00:01:35,150  
being and doing and creating a right

37  
00:01:50,010 --> 00:01:38,149  
relationship between that stay with us

38  
00:01:53,890 --> 00:01:52,270

welcome to skeptic oh where we explore

39

00:01:56,050 --> 00:01:53,900

controversial science with leading

40

00:01:58,990 --> 00:01:56,060

researchers thinkers and their critics

41

00:02:01,090 --> 00:01:59,000

I'm your host aleksic Harris and if

42

00:02:03,660 --> 00:02:01,100

you've been following skeptic 0 for a

43

00:02:06,280 --> 00:02:03,670

while then you know that this term

44

00:02:09,070 --> 00:02:06,290

worldview keeps coming up a lot and it

45

00:02:11,980 --> 00:02:09,080

seems to me that that is much more than

46

00:02:15,220 --> 00:02:11,990

we would like to admit the driving force

47

00:02:17,740 --> 00:02:15,230

behind what we believe what information

48

00:02:20,320 --> 00:02:17,750

we take in and and how we answer the

49

00:02:22,780 --> 00:02:20,330

most important questions in life about

50

00:02:24,790 --> 00:02:22,790

who we are and what really matters to us

51  
00:02:26,620 --> 00:02:24,800  
and if you've listened to this show then

52  
00:02:29,290 --> 00:02:26,630  
you also know that the idea of

53  
00:02:31,960 --> 00:02:29,300  
transformation is something that comes

54  
00:02:34,860 --> 00:02:31,970  
up quite a bit and of course those two

55  
00:02:37,930 --> 00:02:34,870  
go hand-in-hand how open are you to

56  
00:02:40,420 --> 00:02:37,940  
transforming yourself in your world view

57  
00:02:41,620 --> 00:02:40,430  
and therefore your beliefs so it's

58  
00:02:44,650 --> 00:02:41,630  
always interesting to me when I run

59  
00:02:47,050 --> 00:02:44,660  
across people like today's guest to lot

60  
00:02:49,449 --> 00:02:47,060  
Jonathan Phillips who's willing to be

61  
00:02:51,340 --> 00:02:49,459  
open about the process they've gone

62  
00:02:54,180 --> 00:02:51,350  
through the transformational process

63  
00:02:57,310 --> 00:02:54,190

that has changed his world view

64

00:02:59,890 --> 00:02:57,320

dramatically and how that's led him on

65

00:03:02,770 --> 00:02:59,900

his journey I think it's quite a

66

00:03:05,650 --> 00:03:02,780

fascinating exploration I really enjoyed

67

00:03:10,690 --> 00:03:05,660

talking to him here's my dialogue with

68

00:03:13,900 --> 00:03:10,700

talat Jonathan Phillips today we welcome

69

00:03:16,479 --> 00:03:13,910

to lot Jonathan Phillips to skeptic 02

70

00:03:19,000 --> 00:03:16,489

lot as the author of the electric jeezus

71

00:03:21,759 --> 00:03:19,010

the healing journey of a contemporary

72

00:03:24,310 --> 00:03:21,769

Gnostic he's also the co-founder of a

73

00:03:27,039 --> 00:03:24,320

rather amazing web magazine named

74

00:03:30,780 --> 00:03:27,049

reality sandwich and an equally amazing

75

00:03:33,759 --> 00:03:30,790

social movement at evolver dotnet

76

00:03:36,130 --> 00:03:33,769

welcome to skeptical to lot thanks so

77

00:03:38,770 --> 00:03:36,140

much for joining me oh great it's great

78

00:03:41,949 --> 00:03:38,780

to be here at thanks Alex well your book

79

00:03:43,810 --> 00:03:41,959

the electric jeezus is well it's just a

80

00:03:46,660 --> 00:03:43,820

great read I mean I was just blown away

81

00:03:49,030 --> 00:03:46,670

at it how it pulls you in and just makes

82

00:03:51,699 --> 00:03:49,040

you want to turn page after page it's

83

00:03:54,009 --> 00:03:51,709

it's of course a spiritual Odyssey as

84

00:03:56,800 --> 00:03:54,019

the name suggests but it reads like a

85

00:03:59,560 --> 00:03:56,810

Tom Wolfe novel tell us a little bit

86

00:04:00,650 --> 00:03:59,570

about this book and how it came about

87

00:04:01,970 --> 00:04:00,660

and and what

88

00:04:04,700 --> 00:04:01,980

people are gonna find when they read it

89

00:04:07,220 --> 00:04:04,710

I think I might cite you on that Alex

90

00:04:09,380 --> 00:04:07,230

that reads reads like a Tom Wolfe novel

91

00:04:11,990 --> 00:04:09,390

there yeah I think first I want to just

92

00:04:14,990 --> 00:04:12,000

say how I'm doing that you love it like

93

00:04:16,520 --> 00:04:15,000

I feel like it's a unique book in a

94

00:04:18,020 --> 00:04:16,530

sense they're very few books i feel that

95

00:04:21,500 --> 00:04:18,030

are out there like this that are

96

00:04:24,680 --> 00:04:21,510

spiritual encounter culture in a memoir

97

00:04:27,320 --> 00:04:24,690

I you know I grew up reading on the road

98

00:04:29,510 --> 00:04:27,330

and electric kool-aid acid test which

99

00:04:31,220 --> 00:04:29,520

you know the title kind of is a little

100

00:04:34,070 --> 00:04:31,230

bit of a reference to as well in

101  
00:04:36,740 --> 00:04:34,080  
small-town Colorado and I just was like

102  
00:04:40,280 --> 00:04:36,750  
you know where's the bus here wherever

103  
00:04:42,170 --> 00:04:40,290  
that buses I want to be on it yeah and I

104  
00:04:44,120 --> 00:04:42,180  
feel like this the book talks a little

105  
00:04:45,980 --> 00:04:44,130  
bit about I feel like the buses are

106  
00:04:48,260 --> 00:04:45,990  
arriving for a lot of people in the

107  
00:04:51,650 --> 00:04:48,270  
festival culture or spiritual movement

108  
00:04:54,020 --> 00:04:51,660  
ayahuasca design science like the buses

109  
00:04:56,180 --> 00:04:54,030  
are arriving so some of the book tracks

110  
00:04:57,800 --> 00:04:56,190  
that but it's really my journey it's got

111  
00:05:00,410 --> 00:04:57,810  
two components to it the book for those

112  
00:05:03,800 --> 00:05:00,420  
ever read it it's um my journey from

113  
00:05:07,220 --> 00:05:03,810

being a near eight goofiest really very

114

00:05:08,860 --> 00:05:07,230

skeptical political activists to going

115

00:05:11,300 --> 00:05:08,870

through a dark night of the soul and

116

00:05:13,370 --> 00:05:11,310

suddenly having mystical experiences

117

00:05:15,230 --> 00:05:13,380

happen to me and opening me up to it a

118

00:05:17,600 --> 00:05:15,240

different reality in a kind of a

119

00:05:20,330 --> 00:05:17,610

different way of looking at activism

120

00:05:22,310 --> 00:05:20,340

from paradigm shifting perspectives if

121

00:05:24,140 --> 00:05:22,320

you will and then the other part of the

122

00:05:26,330 --> 00:05:24,150

book is once I start having these

123

00:05:28,100 --> 00:05:26,340

experiences it's to my surprise that's

124

00:05:32,180 --> 00:05:28,110

got a it's like a research book about

125

00:05:33,530 --> 00:05:32,190

energy and you know quantum physics and

126

00:05:36,530 --> 00:05:33,540

string theory is now saying the whole

127

00:05:39,470 --> 00:05:36,540

universe is energy but how early mystics

128

00:05:41,420 --> 00:05:39,480

knew about that in shamans and have been

129

00:05:44,120 --> 00:05:41,430

tracking it across cultures throughout

130

00:05:46,190 --> 00:05:44,130

the planet and I mean my real surprising

131

00:05:48,440 --> 00:05:46,200

is how interested I was in early

132

00:05:50,030 --> 00:05:48,450

Christianity and that they knew all

133

00:05:52,340 --> 00:05:50,040

about this stuff it's almost like they

134

00:05:53,810 --> 00:05:52,350

were very Yogi's or shamans I'm almost

135

00:05:55,760 --> 00:05:53,820

like they probably were like Yogi's are

136

00:05:57,020 --> 00:05:55,770

shamans themselves but that's

137

00:05:59,030 --> 00:05:57,030

interesting you know there's a couple of

138

00:06:02,720 --> 00:05:59,040

aspects there that I wanted to pull out

139

00:06:04,670 --> 00:06:02,730

maybe let's start with this Christianity

140

00:06:07,220 --> 00:06:04,680

part since that's the last thread that

141

00:06:09,590 --> 00:06:07,230

you left lying there and Graham Hancock

142

00:06:12,380 --> 00:06:09,600

writes the introduction to your book and

143

00:06:14,530 --> 00:06:12,390

he pulls out a quote from the book that

144

00:06:16,120 --> 00:06:14,540

I thought was very very interest

145

00:06:17,920 --> 00:06:16,130

and he kind of set me thinking in a

146

00:06:20,560 --> 00:06:17,930

slightly different way than I had before

147

00:06:23,470 --> 00:06:20,570

let me read this this is from to--let's

148

00:06:25,990 --> 00:06:23,480

book the electric jeezus he writes this

149

00:06:28,890 --> 00:06:26,000

about the judeo-christian tradition and

150

00:06:31,770 --> 00:06:28,900

that it is the underlying operating

151

00:06:34,710 --> 00:06:31,780

platform for our civilization are

152

00:06:37,720 --> 00:06:34,720

languages laws mores work ethic

153

00:06:40,480 --> 00:06:37,730

sexuality even our way of perceiving

154

00:06:44,320 --> 00:06:40,490

time and it shapes our worldview whether

155

00:06:47,290 --> 00:06:44,330

we realize it or not so i think that's

156

00:06:49,780 --> 00:06:47,300

interesting to look at that as a

157

00:06:52,300 --> 00:06:49,790

starting point and then i guess

158

00:06:54,790 --> 00:06:52,310

juxtapose that with what you just said

159

00:06:57,610 --> 00:06:54,800

about maybe this deeper understanding

160

00:06:59,590 --> 00:06:57,620

about christian Gnosticism do you want

161

00:07:01,780 --> 00:06:59,600

to walk that bridge for us a little bit

162

00:07:04,510 --> 00:07:01,790

yeah I mean I feel like there's several

163

00:07:08,110 --> 00:07:04,520

avenues you could take addressing this

164

00:07:09,970 --> 00:07:08,120

um what I think you've described word

165

00:07:12,760 --> 00:07:09,980

what that describes their the operating

166

00:07:15,250 --> 00:07:12,770

system is the cultural matrix that we're

167

00:07:18,550 --> 00:07:15,260

in but I do think that traumatic myth

168

00:07:20,350 --> 00:07:18,560

however was formed has spread with the

169

00:07:22,210 --> 00:07:20,360

growth of civilization across the planet

170

00:07:25,240 --> 00:07:22,220

and you know a lot of violence and

171

00:07:27,190 --> 00:07:25,250

dominance and now that's what we're

172

00:07:29,620 --> 00:07:27,200

operating in its as fear consciousness

173

00:07:31,990 --> 00:07:29,630

running running doing doing struggling

174

00:07:34,540 --> 00:07:32,000

God doesn't love us we don't know how to

175

00:07:36,550 --> 00:07:34,550

be in community all of these things but

176

00:07:39,580 --> 00:07:36,560

there's definitely been politics always

177

00:07:42,460 --> 00:07:39,590

involved with the development of these

178

00:07:44,410 --> 00:07:42,470

type of Western doctrines I mean look at

179

00:07:47,680 --> 00:07:44,420

the New Testament I talked about that a

180

00:07:49,780 --> 00:07:47,690

bit in the electric jeezus where you

181

00:07:53,260 --> 00:07:49,790

know you have a boys club at the council

182

00:07:55,330 --> 00:07:53,270

Nicaea with Emperor Constantine where

183

00:07:56,620 --> 00:07:55,340

they just decided they decided that

184

00:07:58,780 --> 00:07:56,630

they're just going to limit all these

185

00:08:01,150 --> 00:07:58,790

beautiful text to like four or five

186

00:08:03,910 --> 00:08:01,160

books that's it and you know that's a

187

00:08:05,800 --> 00:08:03,920

highly controversial area to get into

188

00:08:08,580 --> 00:08:05,810

but if we can make it a little bit less

189

00:08:11,680 --> 00:08:08,590

controversial what I think modern

190

00:08:14,110 --> 00:08:11,690

Gnosticism scholarship has clearly shown

191

00:08:16,930 --> 00:08:14,120

is that the first century Christians

192

00:08:20,140 --> 00:08:16,940

were extremely diverse in their belief

193

00:08:23,100 --> 00:08:20,150

systems but why is that so relevant why

194

00:08:26,170 --> 00:08:23,110

do we need to go there to kind of

195

00:08:28,170 --> 00:08:26,180

reinterpret or rewrite that history well

196

00:08:31,110 --> 00:08:28,180

yeah it's a healing and inter Gary

197

00:08:33,269 --> 00:08:31,120

Gratation because I think what we got is

198

00:08:37,110 --> 00:08:33,279

with the Gnostics in I like to explain

199

00:08:40,560 --> 00:08:37,120

not the word Gnostic is a modern

200

00:08:42,719 --> 00:08:40,570

scholarly word it's made up you know I

201  
00:08:44,670 --> 00:08:42,729  
actually think there weren't necessarily

202  
00:08:47,880 --> 00:08:44,680  
Gnostics and Christians until there was

203  
00:08:51,000 --> 00:08:47,890  
a rift that happened after the upheaval

204  
00:08:54,360 --> 00:08:51,010  
of the second Jewish revolution against

205  
00:08:56,070 --> 00:08:54,370  
the Romans but you know it was actually

206  
00:08:59,220 --> 00:08:56,080  
spiritual back then it was about

207  
00:09:02,280 --> 00:08:59,230  
initiation into deeper levels of self

208  
00:09:05,820 --> 00:09:02,290  
and understandings of the cosmos which

209  
00:09:08,280 --> 00:09:05,830  
is pretty much how real i think more

210  
00:09:11,579 --> 00:09:08,290  
truer pasco is whether it's Buddhism

211  
00:09:14,250 --> 00:09:11,589  
yoga our Sufism there's there's an issue

212  
00:09:15,900 --> 00:09:14,260  
attic path of understanding and knows

213  
00:09:19,530 --> 00:09:15,910

this is direct knowledge of the divine

214

00:09:21,720 --> 00:09:19,540

that was taken out and the Gnostics

215

00:09:23,940 --> 00:09:21,730

would call the systems that came in

216

00:09:25,800 --> 00:09:23,950

place he's very going models and I think

217

00:09:29,040 --> 00:09:25,810

there is a lot of hierarchy and control

218

00:09:32,990 --> 00:09:29,050

in them that create kind of the

219

00:09:35,310 --> 00:09:33,000

subservient classes if you will that

220

00:09:38,870 --> 00:09:35,320

comes with what the Gnostics would call

221

00:09:41,400 --> 00:09:38,880

waterless canals that these these new

222

00:09:44,670 --> 00:09:41,410

institutions that were rising and would

223

00:09:46,980 --> 00:09:44,680

eventually kill them off really didn't

224

00:09:48,630 --> 00:09:46,990

have that Christ consciousness as they

225

00:09:50,760 --> 00:09:48,640

would say that deeper connection with

226

00:09:53,130 --> 00:09:50,770

the universal wisdom and truth of

227

00:09:55,829 --> 00:09:53,140

oneness and so I think we're all

228

00:09:57,540 --> 00:09:55,839

suffering from that and it's late in our

229

00:10:00,030 --> 00:09:57,550

laws and our more eyes and everything I

230

00:10:01,970 --> 00:10:00,040

talked about and so there's a healing

231

00:10:05,579 --> 00:10:01,980

that can come when we start

232

00:10:09,090 --> 00:10:05,589

reintegrating the judeo-christians story

233

00:10:12,240 --> 00:10:09,100

and spiritual understanding into our

234

00:10:14,220 --> 00:10:12,250

lives without the political Dogma behind

235

00:10:17,160 --> 00:10:14,230

it don't throw out the baby Jesus with

236

00:10:19,650 --> 00:10:17,170

the bathwater essentially yeah I just

237

00:10:22,230 --> 00:10:19,660

think and again I don't know how to kind

238

00:10:23,760 --> 00:10:22,240

of keep probing on this but I'm sure

239

00:10:26,460 --> 00:10:23,770

these are issues that you run into all

240

00:10:28,800 --> 00:10:26,470

the time so who better to really talk

241

00:10:31,560 --> 00:10:28,810

about them with than you and that's that

242

00:10:34,910 --> 00:10:31,570

all those topics are extremely

243

00:10:37,050 --> 00:10:34,920

controversial even among people who are

244

00:10:39,269 --> 00:10:37,060

initiated are awakened enlightened

245

00:10:41,769 --> 00:10:39,279

whatever you want to do i just finished

246

00:10:43,300 --> 00:10:41,779

interview with a guy named Rick

247

00:10:46,210 --> 00:10:43,310

archery oh yeah because you love Greg

248

00:10:48,999 --> 00:10:46,220

yeah buddha at the gas pump so you can

249

00:10:51,879 --> 00:10:49,009

take the 150 different spiritual

250

00:10:54,999 --> 00:10:51,889

teachers that rick has had on or I

251  
00:10:58,480 --> 00:10:55,009  
can take the variety of spiritual

252  
00:11:00,519 --> 00:10:58,490  
seekers and finders that I've had on and

253  
00:11:04,480 --> 00:11:00,529  
you can find a diversity of different

254  
00:11:07,600 --> 00:11:04,490  
opinions about spirit guides about this

255  
00:11:10,420 --> 00:11:07,610  
ultimate source this reality they even

256  
00:11:15,069 --> 00:11:10,430  
be controversial about the existence of

257  
00:11:18,460 --> 00:11:15,079  
of Jesus or any reality to Christianity

258  
00:11:21,759 --> 00:11:18,470  
or Judaism so we have a challenge here

259  
00:11:24,249 --> 00:11:21,769  
as someone who is an earnest seeker to

260  
00:11:26,980 --> 00:11:24,259  
sort through and sift through all that

261  
00:11:28,569 --> 00:11:26,990  
how do you guide people in in that

262  
00:11:30,850 --> 00:11:28,579  
respect you say you take a gentle

263  
00:11:34,239 --> 00:11:30,860

approach find your own path but don't we

264

00:11:36,850 --> 00:11:34,249

wind up kind of trying to push people or

265

00:11:39,400 --> 00:11:36,860

pull people one way or another whoa whoa

266

00:11:42,129 --> 00:11:39,410

so I mean the sansa diamond is very

267

00:11:45,670 --> 00:11:42,139

clear on that this ayahuasca church

268

00:11:48,819 --> 00:11:45,680

those talking about you cannot push

269

00:11:51,610 --> 00:11:48,829

anybody you don't even invite somebody

270

00:11:53,439 --> 00:11:51,620

what you did do is maybe you talked

271

00:11:55,929 --> 00:11:53,449

about it once or twice if you were to

272

00:11:57,999 --> 00:11:55,939

somebody if you if you're passionate and

273

00:11:59,949 --> 00:11:58,009

then they might ask to come to a

274

00:12:01,780 --> 00:11:59,959

ceremony and then you still usually

275

00:12:03,280 --> 00:12:01,790

don't it's maybe like the third time

276

00:12:05,740 --> 00:12:03,290

they ask where you're like ok they're

277

00:12:07,480 --> 00:12:05,750

really actually being called to this so

278

00:12:08,860 --> 00:12:07,490

I mean yeah I go on interviews and talk

279

00:12:11,710 --> 00:12:08,870

about stuff and do a lot of public

280

00:12:13,210 --> 00:12:11,720

speaking but I mean mostly it's I only

281

00:12:14,980 --> 00:12:13,220

work with people that are called to it

282

00:12:17,590 --> 00:12:14,990

so i have this bioenergetic healing

283

00:12:19,600 --> 00:12:17,600

practice and i just won't work with

284

00:12:20,949 --> 00:12:19,610

clients that don't want to like I only

285

00:12:22,900 --> 00:12:20,959

work with ones that are really feeling

286

00:12:24,790 --> 00:12:22,910

called to transform their lives cuz

287

00:12:26,619 --> 00:12:24,800

otherwise like I don't want to push

288

00:12:30,519 --> 00:12:26,629

things they'll get there on their own I

289

00:12:33,069 --> 00:12:30,529

do love the skeptics pat because that

290

00:12:34,960 --> 00:12:33,079

was my path in like I love the skeptics

291

00:12:36,519 --> 00:12:34,970

cuz like man there's probably lots

292

00:12:39,249 --> 00:12:36,529

people out there think I'm crazy or

293

00:12:40,780 --> 00:12:39,259

whatever that's fine because they

294

00:12:43,540 --> 00:12:40,790

they're going on their journey and

295

00:12:45,840 --> 00:12:43,550

whatever truth they earn they freakin

296

00:12:48,220 --> 00:12:45,850

earned it you know it wasn't an easy

297

00:12:49,449 --> 00:12:48,230

easily done thing and that's kind of

298

00:12:51,819 --> 00:12:49,459

mine I don't believe it until I

299

00:12:53,379 --> 00:12:51,829

experienced it and you know I just see

300

00:12:54,950 --> 00:12:53,389

all these new agey circles where

301

00:12:57,260 --> 00:12:54,960

everyone just believes at

302

00:12:59,150 --> 00:12:57,270

reasoning the person says so Alex I

303

00:13:02,710 --> 00:12:59,160

actually really appreciate you over

304

00:13:05,390 --> 00:13:02,720

caution on this I personally feel this

305

00:13:07,310 --> 00:13:05,400

expressed raishin because I'm like a I'm

306

00:13:09,740 --> 00:13:07,320

a blogger religion blogger for the

307

00:13:12,740 --> 00:13:09,750

Huffington Post and what I've noticed is

308

00:13:14,960 --> 00:13:12,750

if you actually blog about spirituality

309

00:13:18,050 --> 00:13:14,970

the actual essence our experience of it

310

00:13:21,410 --> 00:13:18,060

it's hard for them to post if you blog

311

00:13:22,910 --> 00:13:21,420

around things you know then you can get

312

00:13:25,490 --> 00:13:22,920

it out there but it's it's like a

313

00:13:27,320 --> 00:13:25,500

watering down that constantly has to

314

00:13:29,270 --> 00:13:27,330

happen that said I'm still grateful

315

00:13:33,410 --> 00:13:29,280

there's some type of bridge two men

316

00:13:34,790 --> 00:13:33,420

mainstream culture wow you know it's a

317

00:13:38,090 --> 00:13:34,800

lot every time you say that there's like

318

00:13:41,390 --> 00:13:38,100

14 different directions I could go but

319

00:13:43,790 --> 00:13:41,400

let's just hone in on that because it

320

00:13:47,560 --> 00:13:43,800

kind of surprises me in a really

321

00:13:50,930 --> 00:13:47,570

interesting way of the the spirituality

322

00:13:55,250 --> 00:13:50,940

angle I think what I hear you saying is

323

00:13:58,610 --> 00:13:55,260

people go yada yada spirituality and yet

324

00:14:02,300 --> 00:13:58,620

when you dive into it and say oh no it's

325

00:14:05,510 --> 00:14:02,310

a progressive New Age Christian

326

00:14:07,280 --> 00:14:05,520

ayahuasca church boom now at least

327

00:14:09,050 --> 00:14:07,290

you've connected on some level and you

328

00:14:11,270 --> 00:14:09,060

can start having a dialogue that brings

329

00:14:13,190 --> 00:14:11,280

it back to to something that people have

330

00:14:15,050 --> 00:14:13,200

a reaction to am I getting that right

331

00:14:16,700 --> 00:14:15,060

are like totally getting that wrong I

332

00:14:18,260 --> 00:14:16,710

mean I have to say you lost me I mean

333

00:14:20,180 --> 00:14:18,270

what I would never say that dime a is an

334

00:14:22,760 --> 00:14:20,190

a new age thing it's the one of the most

335

00:14:24,710 --> 00:14:22,770

intense disciplines I've ever come

336

00:14:27,470 --> 00:14:24,720

across I mean imagine doing meditation

337

00:14:30,050 --> 00:14:27,480

on why does New Age get such a bad name

338

00:14:32,030 --> 00:14:30,060

I guess I've been guilty of of slamming

339

00:14:34,090 --> 00:14:32,040

it too we know what new agey means but

340

00:14:38,690 --> 00:14:34,100

isn't the right doesn't it need to be

341

00:14:41,230 --> 00:14:38,700

rehabilitated and reintroduced I'm a

342

00:14:46,630 --> 00:14:41,240

believer in some words unfixable like

343

00:14:50,180 --> 00:14:46,640

I'll give you a few a new h activist

344

00:14:52,670 --> 00:14:50,190

hippie I think all of these are there so

345

00:14:54,290 --> 00:14:52,680

late in activists activists from an

346

00:14:55,610 --> 00:14:54,300

activist you know what I'm going to

347

00:14:57,680 --> 00:14:55,620

totally switch gears you got to tell

348

00:14:59,480 --> 00:14:57,690

people who are listening to this and are

349

00:15:02,680 --> 00:14:59,490

kind of already spaced out in this

350

00:15:06,770 --> 00:15:02,690

conversation about Johnny America and

351

00:15:08,480 --> 00:15:06,780

that path that part of your life yeah so

352

00:15:11,360 --> 00:15:08,490

I was working for this

353

00:15:13,790 --> 00:15:11,370

11 funds ongoing were ongoing recovering

354

00:15:16,340 --> 00:15:13,800

program and I was very moved by the

355

00:15:20,060 --> 00:15:16,350

people there that was so upset of George

356

00:15:21,530 --> 00:15:20,070

Bush creating wars for what they thought

357

00:15:24,470 --> 00:15:21,540

were like political gain and they were

358

00:15:26,660 --> 00:15:24,480

using September 11 to enact you know

359

00:15:28,280 --> 00:15:26,670

some real atrocities I feel and I feel

360

00:15:31,699 --> 00:15:28,290

like now that looking back on it we can

361

00:15:33,050 --> 00:15:31,709

look at Iraq in Afghanistan and say wow

362

00:15:36,560 --> 00:15:33,060

we should have thought a little more

363

00:15:38,510 --> 00:15:36,570

yeah really right and so at that time I

364

00:15:41,180 --> 00:15:38,520

was so frustrated and I wanted to do

365

00:15:43,040 --> 00:15:41,190

something uh because of that work at the

366

00:15:44,990 --> 00:15:43,050

September loving fun to get involved and

367

00:15:47,120 --> 00:15:45,000

I had this I'm an artist and I had been

368

00:15:49,940 --> 00:15:47,130

to burning man so I had this kind of

369

00:15:52,760 --> 00:15:49,950

wild-eyed idea to lead an american

370

00:15:55,040 --> 00:15:52,770

revolution against King George the

371

00:15:57,170 --> 00:15:55,050

second in his corporate tyranny and so

372

00:16:01,480 --> 00:15:57,180

it was these media pranks pranks we did

373

00:16:04,160 --> 00:16:01,490

where we dressed up his very fancy shiny

374

00:16:06,139 --> 00:16:04,170

Patriots it was like if you took bootsy

375

00:16:08,090 --> 00:16:06,149

collins and Benjamin Franklin and put

376

00:16:10,850 --> 00:16:08,100

them into like some particle accelerator

377

00:16:12,350 --> 00:16:10,860

you would have gotten this out of it you

378

00:16:14,329 --> 00:16:12,360

know in the media loved it like we were

379

00:16:17,600 --> 00:16:14,339

in Time magazine I was on the cover of

380

00:16:19,460 --> 00:16:17,610

New York magazine a lot of media and I

381

00:16:21,710 --> 00:16:19,470

think like the five hundred thousand

382

00:16:23,329 --> 00:16:21,720

other people that were protests there

383

00:16:25,960 --> 00:16:23,339

was the largest protest ever against the

384

00:16:28,579 --> 00:16:25,970

political convention in New York City um

385

00:16:30,500 --> 00:16:28,589

you know I thought political action

386

00:16:32,540 --> 00:16:30,510

alone could change the day and then what

387

00:16:34,519 --> 00:16:32,550

happened is he won that election and I

388

00:16:36,199 --> 00:16:34,529

looked at the last year of my life I

389

00:16:40,340 --> 00:16:36,209

mean activists are always talking about

390

00:16:42,710 --> 00:16:40,350

burnout and I would burn out and just

391

00:16:44,090 --> 00:16:42,720

looking at the global situation and a

392

00:16:46,340 --> 00:16:44,100

lot of that Garden of Eden stuff we were

393

00:16:49,040 --> 00:16:46,350

talking about and I just thought my god

394

00:16:52,430 --> 00:16:49,050

we need a paradigm shift Democrat

395

00:16:55,190 --> 00:16:52,440

Republican none of these institutions

396

00:16:58,130 --> 00:16:55,200

are even unfit to face the Titanic

397

00:16:59,840 --> 00:16:58,140

problems we're looking at and you know I

398

00:17:01,220 --> 00:16:59,850

was looking for a paradigm shift and as

399

00:17:02,960 --> 00:17:01,230

you might remember the book my

400

00:17:05,150 --> 00:17:02,970

girlfriend jade who I think is an

401  
00:17:09,470 --> 00:17:05,160  
awesome character in the book I love her

402  
00:17:11,030 --> 00:17:09,480  
character but she tells me that I've

403  
00:17:13,160 --> 00:17:11,040  
been stressed about politics and

404  
00:17:15,679 --> 00:17:13,170  
paradigm shift for months and I need to

405  
00:17:17,199 --> 00:17:15,689  
take some MDMA and get my ass on the

406  
00:17:18,669 --> 00:17:17,209  
dance floor

407  
00:17:20,919 --> 00:17:18,679  
in that night for the first time in

408  
00:17:24,490 --> 00:17:20,929  
months I got out of my head I got into

409  
00:17:26,230 --> 00:17:24,500  
my heart into my body and I connected

410  
00:17:28,539 --> 00:17:26,240  
with the people around me in community

411  
00:17:31,240 --> 00:17:28,549  
and this energy was moving through me as

412  
00:17:33,940 --> 00:17:31,250  
higher vibrational energy and by the end

413  
00:17:36,730 --> 00:17:33,950

of the night poof the lights turned on

414

00:17:38,740 --> 00:17:36,740

and I could start seeing what I now

415

00:17:40,899 --> 00:17:38,750

understand our energy feel some people

416

00:17:43,269 --> 00:17:40,909

might say this auras around people and

417

00:17:45,460 --> 00:17:43,279

things which was really hard to

418

00:17:47,380 --> 00:17:45,470

integrate for a long time you let's talk

419

00:17:49,269 --> 00:17:47,390

about that integration and let's also

420

00:17:50,799 --> 00:17:49,279

talk about the drug use because

421

00:17:52,930 --> 00:17:50,809

obviously that's going to be highly

422

00:17:55,960 --> 00:17:52,940

controversial with a lot of people you

423

00:17:59,080 --> 00:17:55,970

know I did ecstasy and I it opened me up

424

00:18:01,240 --> 00:17:59,090

to these energy fields in amin bio

425

00:18:02,950 --> 00:18:01,250

energy healer you know that's just going

426

00:18:05,019 --> 00:18:02,960

to strike people it's gonna it's going

427

00:18:07,299 --> 00:18:05,029

to get a reaction and the you know the I

428

00:18:08,680 --> 00:18:07,309

did DMT and I kept doing more and more

429

00:18:11,110 --> 00:18:08,690

and more Dave's telling me doing more

430

00:18:14,080 --> 00:18:11,120

more more and I opened up you know what

431

00:18:15,519 --> 00:18:14,090

I want you to kind of address that head

432

00:18:18,220 --> 00:18:15,529

on because I've heard you do it and I

433

00:18:22,500 --> 00:18:18,230

think you're very thoughtful and have

434

00:18:27,220 --> 00:18:22,510

some deep insights into how and when

435

00:18:29,289 --> 00:18:27,230

these other substances might work with

436

00:18:32,230 --> 00:18:29,299

our consciousness in a way that actually

437

00:18:35,680 --> 00:18:32,240

moves us forward but i wonder if you

438

00:18:37,539 --> 00:18:35,690

also have thoughts on when maybe it's

439

00:18:40,269 --> 00:18:37,549

not such a good idea oh yeah i mean and

440

00:18:41,860 --> 00:18:40,279

there's most times that alternative

441

00:18:43,720 --> 00:18:41,870

substances are not a good idea and

442

00:18:45,580 --> 00:18:43,730

that's how i see them used in society i

443

00:18:49,299 --> 00:18:45,590

sent a little judgmental there let me

444

00:18:51,880 --> 00:18:49,309

pull back my tone a little bit cuz you

445

00:18:57,370 --> 00:18:51,890

know we're humans it's a risky dangerous

446

00:18:59,440 --> 00:18:57,380

place as it is but um yeah so that's a

447

00:19:01,659 --> 00:18:59,450

criticism I have is oh this guy's not a

448

00:19:04,389 --> 00:19:01,669

serious speak serious spiritual seeker

449

00:19:07,210 --> 00:19:04,399

he took a pill and thought he saw

450

00:19:09,639 --> 00:19:07,220

something you know that's cheating and

451

00:19:12,639 --> 00:19:09,649

I'm sure you go on amazon com and see a

452

00:19:14,230 --> 00:19:12,649

review or two it like that um but you're

453

00:19:17,230 --> 00:19:14,240

gonna see a lot more that say wow he's

454

00:19:19,980 --> 00:19:17,240

spot on and I feel like this is very

455

00:19:24,039 --> 00:19:19,990

ancient what was going on there is

456

00:19:25,659 --> 00:19:24,049

taking a psychoactive entheogenic i

457

00:19:27,850 --> 00:19:25,669

think is the word I would use and yo

458

00:19:30,210 --> 00:19:27,860

jenna got in inducing substances and

459

00:19:32,480 --> 00:19:30,220

coming together as community

460

00:19:35,190 --> 00:19:32,490

singing and dancing as old as it gets

461

00:19:37,830 --> 00:19:35,200

nobody's gonna I hope go to some Native

462

00:19:39,210 --> 00:19:37,840

American and be like you know what you

463

00:19:43,590 --> 00:19:39,220

really shouldn't take that peyote and

464

00:19:45,990 --> 00:19:43,600

sing those prayer songs and I feel like

465

00:19:48,570 --> 00:19:46,000

this neo tribal revival happening with

466

00:19:52,500 --> 00:19:48,580

the festival culture they re visiting

467

00:19:54,600 --> 00:19:52,510

that in ways that said I also see a lot

468

00:19:56,640 --> 00:19:54,610

of people at festivals that are like a

469

00:19:58,560 --> 00:19:56,650

man I've done mushrooms and I did it

470

00:20:01,590 --> 00:19:58,570

some ecstasy and I did this and I'm like

471

00:20:04,320 --> 00:20:01,600

whoa whoa whoa have you eaten today are

472

00:20:06,390 --> 00:20:04,330

you grounding they don't even know to

473

00:20:09,360 --> 00:20:06,400

connect our prey with the medicine that

474

00:20:11,760 --> 00:20:09,370

they're taking personally no I wouldn't

475

00:20:13,980 --> 00:20:11,770

I probably will never do MDMA again

476  
00:20:15,810 --> 00:20:13,990  
because I'm on a deeper initiates path I

477  
00:20:18,480 --> 00:20:15,820  
only work with the medicines of my

478  
00:20:20,220 --> 00:20:18,490  
tradition which happened to be descent

479  
00:20:23,130 --> 00:20:20,230  
the diamond which is this version of

480  
00:20:25,110 --> 00:20:23,140  
ayahuasca and the great thing about is

481  
00:20:28,140 --> 00:20:25,120  
it's a plant accelerator it's like

482  
00:20:30,960 --> 00:20:28,150  
rocket fuel so if you use it very safely

483  
00:20:33,470 --> 00:20:30,970  
like a dime a dozen of the strictest

484  
00:20:35,940 --> 00:20:33,480  
rigid containers I've ever come across

485  
00:20:38,789 --> 00:20:35,950  
you can owe you can clean out your

486  
00:20:42,029 --> 00:20:38,799  
system the energetic system very quickly

487  
00:20:43,860 --> 00:20:42,039  
you can illuminate the electric energy

488  
00:20:47,610 --> 00:20:43,870

body which is what most mystical

489

00:20:49,830 --> 00:20:47,620

traditions talk about quicker but if you

490

00:20:52,289 --> 00:20:49,840

use it improperly and I see plenty of

491

00:20:54,299 --> 00:20:52,299

ayahuasca use like homebrewers or they

492

00:20:56,250 --> 00:20:54,309

go to the Amazon and they go to keep

493

00:20:57,690 --> 00:20:56,260

those which is that like the time to

494

00:20:59,909 --> 00:20:57,700

keep those Peru it's like The Times

495

00:21:02,070 --> 00:20:59,919

Square of ayahuasca and they end up with

496

00:21:05,120 --> 00:21:02,080

a bad shaman and dark stuff can get in

497

00:21:07,970 --> 00:21:05,130

so we really need to learn protection

498

00:21:10,950 --> 00:21:07,980

reverence responsibility

499

00:21:12,870 --> 00:21:10,960

self-actualization and have a mature

500

00:21:14,820 --> 00:21:12,880

relationship around it I think one of

501  
00:21:17,730 --> 00:21:14,830  
the reasons we have an immature

502  
00:21:19,440 --> 00:21:17,740  
relationship around consciousness

503  
00:21:21,690 --> 00:21:19,450  
altering substances is because of their

504  
00:21:23,909 --> 00:21:21,700  
kind of prohibited in weird ways i think

505  
00:21:27,060 --> 00:21:23,919  
the drug we have the most issues with is

506  
00:21:28,850 --> 00:21:27,070  
alcohol the misbehavior i see in new

507  
00:21:32,010 --> 00:21:28,860  
york city with alcohol and just

508  
00:21:36,240 --> 00:21:32,020  
recklessness that happens here is is

509  
00:21:38,039 --> 00:21:36,250  
quite concerning to me sure but to lot

510  
00:21:41,430 --> 00:21:38,049  
you've now kind of stepped into

511  
00:21:44,280 --> 00:21:41,440  
territory that has a lot of mine fields

512  
00:21:45,900 --> 00:21:44,290  
in it and graham hancock again

513  
00:21:47,580 --> 00:21:45,910

the introduction to your book and did a

514

00:21:51,120 --> 00:21:47,590

very nice job of it and is of course

515

00:21:54,710 --> 00:21:51,130

well known for chronicling his own use

516

00:21:56,760 --> 00:21:54,720

with ayahuasca and other substances has

517

00:21:59,700 --> 00:21:56,770

you know and I and you probably wear

518

00:22:03,750 --> 00:21:59,710

this but he's talked about connecting

519

00:22:06,270 --> 00:22:03,760

with the spirit a spirit entity that is

520

00:22:09,270 --> 00:22:06,280

associated with ayahuasca and he has

521

00:22:11,250 --> 00:22:09,280

found that in his work or his research

522

00:22:13,050 --> 00:22:11,260

if you want to call it that that the

523

00:22:15,630 --> 00:22:13,060

shamans he's worked with have said yes

524

00:22:18,420 --> 00:22:15,640

there is one spirit entity that is

525

00:22:20,910 --> 00:22:18,430

behind ayahuasca so you know what

526

00:22:24,030 --> 00:22:20,920

there's a lot of different places we can

527

00:22:25,890 --> 00:22:24,040

go here but now we're into connecting

528

00:22:30,030 --> 00:22:25,900

with you know if we take that at face

529

00:22:32,550 --> 00:22:30,040

value we're at using this plant that is

530

00:22:35,250 --> 00:22:32,560

somehow altering our consciousness and

531

00:22:37,440 --> 00:22:35,260

we're connecting with some other spirit

532

00:22:40,050 --> 00:22:37,450

body that we don't know anything about

533

00:22:42,240 --> 00:22:40,060

and now you're talking about we have to

534

00:22:44,160 --> 00:22:42,250

use it carefully and you're trying to

535

00:22:46,620 --> 00:22:44,170

put the FDA warning on it and stuff like

536

00:22:49,620 --> 00:22:46,630

that aren't we just in in in just a

537

00:22:52,860 --> 00:22:49,630

minefield of questions that we can't

538

00:22:55,710 --> 00:22:52,870

even begin to to answer should we be

539

00:22:58,830 --> 00:22:55,720

going there should we even venture into

540

00:23:01,500 --> 00:22:58,840

that can't we just sit at home cross our

541

00:23:03,510 --> 00:23:01,510

legs and meditate well sure you can do

542

00:23:05,280 --> 00:23:03,520

that I mean where I'm coming to it

543

00:23:07,020 --> 00:23:05,290

that's what I'm saying it's everyone's

544

00:23:08,700 --> 00:23:07,030

journey for one it's not me to say

545

00:23:10,440 --> 00:23:08,710

anyone should or shouldn't do any of

546

00:23:13,590 --> 00:23:10,450

this you know I'm just sharing

547

00:23:16,170 --> 00:23:13,600

experiences of my life no no I'm don't

548

00:23:18,330 --> 00:23:16,180

get me wrong I'm not I'm not criticizing

549

00:23:20,970 --> 00:23:18,340

you and I love that you're out there

550

00:23:23,010 --> 00:23:20,980

sharing it but you know so but let me

551  
00:23:24,540 --> 00:23:23,020  
get back and fine-tune that question

552  
00:23:27,120 --> 00:23:24,550  
fine tune that question what about the

553  
00:23:28,770 --> 00:23:27,130  
spirit behind ayahuasca is that

554  
00:23:30,630 --> 00:23:28,780  
something we need to worry about well

555  
00:23:33,300 --> 00:23:30,640  
first I want to say I don't mind if you

556  
00:23:34,830 --> 00:23:33,310  
criticize I'm just like you know I'm

557  
00:23:36,480 --> 00:23:34,840  
just here trying but I'm not I'm not all

558  
00:23:38,430 --> 00:23:36,490  
that you know what about that because

559  
00:23:39,990 --> 00:23:38,440  
I'm just being honest you know things

560  
00:23:41,100 --> 00:23:40,000  
strike me in a certain way I'm just you

561  
00:23:43,200 --> 00:23:41,110  
know I'm trying to be honest and not

562  
00:23:45,570 --> 00:23:43,210  
being right or good anymore just just

563  
00:23:48,420 --> 00:23:45,580

honest and authentic and vulnerable as

564

00:23:51,410 --> 00:23:48,430

much as I can and when I'm coming to

565

00:23:53,730 --> 00:23:51,420

terms with this for me look the I'm a

566

00:23:56,310 --> 00:23:53,740

diamond is different than ayahuasca I'm

567

00:23:58,430 --> 00:23:56,320

a is considered connected to this Christ

568

00:24:00,820 --> 00:23:58,440

consciousness energy this divine

569

00:24:03,799 --> 00:24:00,830

very healing vibrational high-energy

570

00:24:06,169 --> 00:24:03,809

ayahuasca I don't trust as much because

571

00:24:08,749 --> 00:24:06,179

I hear about dark shamans I've seen dark

572

00:24:10,940 --> 00:24:08,759

shamans that use it in life time a is

573

00:24:12,649 --> 00:24:10,950

very specific like it's a whole doctrine

574

00:24:15,259 --> 00:24:12,659

of love and light and healing in the

575

00:24:18,769 --> 00:24:15,269

transformation of ourselves and even

576

00:24:22,850 --> 00:24:18,779

suffering souls that that need help so I

577

00:24:24,499 --> 00:24:22,860

really trusted but that said I probably

578

00:24:27,799 --> 00:24:24,509

would never do ayahuasca and I would

579

00:24:30,379 --> 00:24:27,809

dude I'm a but I used to do like two or

580

00:24:33,009 --> 00:24:30,389

three ceremonies a month I and it was

581

00:24:36,200 --> 00:24:33,019

very healing but it was also very

582

00:24:38,419 --> 00:24:36,210

difficult on my system because you're

583

00:24:41,450 --> 00:24:38,429

challenged so psychologically in the

584

00:24:43,700 --> 00:24:41,460

body and the mind everything and so now

585

00:24:46,490 --> 00:24:43,710

I'll do it like once a month because i

586

00:24:49,029 --> 00:24:46,500

need that healing but it's just a calmer

587

00:24:52,070 --> 00:24:49,039

and so i'm doing a lot more yoga and

588

00:24:55,129 --> 00:24:52,080

meditation and these things to integrate

589

00:24:58,070 --> 00:24:55,139

it all that said the most profound yoga

590

00:25:02,149 --> 00:24:58,080

experiences i have are through santa

591

00:25:04,820 --> 00:25:02,159

maria which is sacralized marijuana or

592

00:25:07,249 --> 00:25:04,830

cannabis in the dike may some of the

593

00:25:09,440 --> 00:25:07,259

traditions they pray they do the rosary

594

00:25:11,060 --> 00:25:09,450

and they consider Santa Maria really

595

00:25:13,879 --> 00:25:11,070

correct connected to like this kind of

596

00:25:15,619 --> 00:25:13,889

virgin the Virgin Mother and also the

597

00:25:17,060 --> 00:25:15,629

queen of the forest there's not really

598

00:25:18,769 --> 00:25:17,070

an either-or in the diamond it's not

599

00:25:21,409 --> 00:25:18,779

like oh it's the Virgin Mother it's the

600

00:25:23,480 --> 00:25:21,419

queen of the floor is the cosmic mother

601  
00:25:26,840 --> 00:25:23,490  
you know I feel like the diamond

602  
00:25:29,240 --> 00:25:26,850  
understands how fluid in complex the

603  
00:25:32,360 --> 00:25:29,250  
universe is it's not creating rigid

604  
00:25:35,509 --> 00:25:32,370  
boundaries or ideas so I do this and I

605  
00:25:38,869 --> 00:25:35,519  
gotta say man working with the spirit of

606  
00:25:41,149 --> 00:25:38,879  
Santa Maria very carefully maybe once a

607  
00:25:44,360 --> 00:25:41,159  
week it's really upped my yoga practice

608  
00:25:46,580 --> 00:25:44,370  
I go to classes but I just understand it

609  
00:25:48,139 --> 00:25:46,590  
more an energetic level and what

610  
00:25:50,600 --> 00:25:48,149  
teachers had been trying to tell me for

611  
00:25:53,119 --> 00:25:50,610  
years I get now much more I finally I'm

612  
00:25:54,499 --> 00:25:53,129  
starting to understand I I'm trying to

613  
00:25:56,090 --> 00:25:54,509

thank God I don't want to keep asking

614

00:25:57,649 --> 00:25:56,100

the same questions I you know I guess

615

00:26:00,680 --> 00:25:57,659

the question keeps going through my mind

616

00:26:03,560 --> 00:26:00,690

is how does someone know if they're

617

00:26:06,769 --> 00:26:03,570

supposed to open themselves up in this

618

00:26:09,080 --> 00:26:06,779

way through these substances okay so I'd

619

00:26:11,419 --> 00:26:09,090

like to answer this in two ways first I

620

00:26:12,320 --> 00:26:11,429

see with ayahuasca is if people are

621

00:26:14,750 --> 00:26:12,330

either called

622

00:26:16,880 --> 00:26:14,760

or they're not if they're called they'll

623

00:26:18,560 --> 00:26:16,890

find it because it's still schedule 1

624

00:26:20,090 --> 00:26:18,570

substance in the u.s. even though it's

625

00:26:22,880 --> 00:26:20,100

one of the most healing medicines I've

626

00:26:25,909 --> 00:26:22,890

ever come across I don't know how

627

00:26:28,669 --> 00:26:25,919

tobacco is legal in ayahuasca is not but

628

00:26:31,070 --> 00:26:28,679

um you know they're called to it and

629

00:26:33,700 --> 00:26:31,080

they'll find it and then usually I'll go

630

00:26:36,230 --> 00:26:33,710

well if they're kind of half-ass it

631

00:26:37,549 --> 00:26:36,240

doesn't come around usually are they

632

00:26:39,019 --> 00:26:37,559

force it and then they might end in

633

00:26:41,060 --> 00:26:39,029

trouble I think people really need to

634

00:26:42,740 --> 00:26:41,070

feel a calling to something and if

635

00:26:44,539 --> 00:26:42,750

you're not called don't go there trust

636

00:26:47,090 --> 00:26:44,549

your inner self we're just taught not to

637

00:26:49,129 --> 00:26:47,100

trust our inner self all the time like

638

00:26:51,080 --> 00:26:49,139

this is a message I just like to give to

639

00:26:52,340 --> 00:26:51,090

everyone out there is like maybe we

640

00:26:54,350 --> 00:26:52,350

could end the dialogue should we

641

00:26:57,980 --> 00:26:54,360

shouldn't and it could be more of like

642

00:27:01,759 --> 00:26:57,990

what is right for you how is it

643

00:27:04,070 --> 00:27:01,769

integrated any uni who you are okay so

644

00:27:06,470 --> 00:27:04,080

that said I just want to put a framework

645

00:27:10,399 --> 00:27:06,480

as I think we're working from a kind of

646

00:27:12,710 --> 00:27:10,409

a misconceived perception on drug and

647

00:27:14,930 --> 00:27:12,720

non-drug I don't even call these drugs i

648

00:27:18,039 --> 00:27:14,940

call them entheogens and medicine drug

649

00:27:21,049 --> 00:27:18,049

is for me prozac or aspirin or something

650

00:27:25,039 --> 00:27:21,059

this is like a homeopathic remedies or

651  
00:27:27,470 --> 00:27:25,049  
something are herbal that said I really

652  
00:27:31,419 --> 00:27:27,480  
want to just say Alex so that I've world

653  
00:27:34,220 --> 00:27:31,429  
we are feeling sentient beings and

654  
00:27:38,419 --> 00:27:34,230  
everything we touch everything we ingest

655  
00:27:39,950 --> 00:27:38,429  
is a conscious altering experience so if

656  
00:27:41,990 --> 00:27:39,960  
you're around loving people and they're

657  
00:27:44,330 --> 00:27:42,000  
opening your heart it opens your heart

658  
00:27:47,720 --> 00:27:44,340  
to change your consciousness if you eat

659  
00:27:49,549 --> 00:27:47,730  
a lot of processed sugar that is a

660  
00:27:52,129 --> 00:27:49,559  
conscious altering substance that can

661  
00:27:53,840 --> 00:27:52,139  
really affect you if you eat ginger all

662  
00:27:56,149 --> 00:27:53,850  
of these things if we can start

663  
00:27:59,450 --> 00:27:56,159

understanding ourselves as living

664

00:28:01,870 --> 00:27:59,460

feeling breathing beings and sensors

665

00:28:05,419 --> 00:28:01,880

that are connected to the world suddenly

666

00:28:07,610 --> 00:28:05,429

this line that we draw between things

667

00:28:09,409 --> 00:28:07,620

kind of starts to disappear and this

668

00:28:11,509 --> 00:28:09,419

surprise new 80s I'm going to get but

669

00:28:14,029 --> 00:28:11,519

any energy healer that's connected and

670

00:28:16,009 --> 00:28:14,039

like can if you tap your hand into a

671

00:28:18,019 --> 00:28:16,019

crystal and start feeling those those

672

00:28:19,669 --> 00:28:18,029

frequencies the energy because the

673

00:28:22,039 --> 00:28:19,679

geometries of that energy is all

674

00:28:24,620 --> 00:28:22,049

geometry in the end and textures and

675

00:28:25,430 --> 00:28:24,630

stuff and colors you can start absorbing

676

00:28:28,279 --> 00:28:25,440

that through your

677

00:28:31,399 --> 00:28:28,289

and through your heart you can actually

678

00:28:33,769 --> 00:28:31,409

start getting healings and I we all have

679

00:28:35,629 --> 00:28:33,779

negative energies in us and they turn

680

00:28:37,610 --> 00:28:35,639

into disease and looks like that and

681

00:28:39,049 --> 00:28:37,620

there's some other ways we can heal that

682

00:28:42,169 --> 00:28:39,059

we're not aware of because we don't

683

00:28:44,600 --> 00:28:42,179

understand how sentient we really are

684

00:28:45,950 --> 00:28:44,610

awesome talk great it seems like

685

00:28:50,090 --> 00:28:45,960

everything I've been doing isn't it

686

00:28:52,519 --> 00:28:50,100

going into a minefield well you know

687

00:28:54,320 --> 00:28:52,529

that's the that's the terrain I mean

688

00:28:56,090 --> 00:28:54,330

that is that's that's your maybe that's

689

00:28:58,669 --> 00:28:56,100

your mission man I mean look at your

690

00:29:00,590 --> 00:28:58,679

life look at your experience so far and

691

00:29:03,499 --> 00:29:00,600

you know that's the story you've written

692

00:29:06,320 --> 00:29:03,509

so you can't you can't write yourself

693

00:29:08,749 --> 00:29:06,330

out of a plot in look your mission is

694

00:29:11,060 --> 00:29:08,759

you are a Bridger and a translator so

695

00:29:13,009 --> 00:29:11,070

you know maybe what the dialogue we're

696

00:29:14,419 --> 00:29:13,019

having here is I'm kind of leaning off

697

00:29:16,669 --> 00:29:14,429

the edge a little bit and you're holding

698

00:29:19,730 --> 00:29:16,679

a handout and calling back to some other

699

00:29:22,369 --> 00:29:19,740

folks and being like hey what's going on

700

00:29:25,340 --> 00:29:22,379

the edge the other thing that I think

701  
00:29:28,759 --> 00:29:25,350  
I'm trying to do because I struggle with

702  
00:29:30,289 --> 00:29:28,769  
it myself is there's a lot of people

703  
00:29:33,200 --> 00:29:30,299  
leaning off the boat on all different

704  
00:29:35,480 --> 00:29:33,210  
sides and I'm comfortable with that but

705  
00:29:38,600 --> 00:29:35,490  
I also have a side of me that says hey

706  
00:29:40,580 --> 00:29:38,610  
why aren't these two together you know

707  
00:29:43,419 --> 00:29:40,590  
why is this person leaning that way and

708  
00:29:45,409 --> 00:29:43,429  
I like them respect them and appreciate

709  
00:29:47,960 --> 00:29:45,419  
their path and what they've gone through

710  
00:29:50,330 --> 00:29:47,970  
and their experience then why is this

711  
00:29:53,240 --> 00:29:50,340  
person saying something else and I'm

712  
00:29:55,460 --> 00:29:53,250  
okay with there can be many paths and

713  
00:29:58,249 --> 00:29:55,470

there can be this diversity but I want

714

00:29:59,990 --> 00:29:58,259

things to kind of make a little bit more

715

00:30:03,110 --> 00:30:00,000

sense in this world I don't want to talk

716

00:30:06,460 --> 00:30:03,120

to one person who says reincarnation is

717

00:30:09,110 --> 00:30:06,470

a myth it isn't real I've gone and

718

00:30:10,480 --> 00:30:09,120

ascended and it doesn't happen and then

719

00:30:12,320 --> 00:30:10,490

speak to someone else and say

720

00:30:14,779 --> 00:30:12,330

reincarnation yes but you only

721

00:30:17,690 --> 00:30:14,789

reincarnate three times and then I talk

722

00:30:19,399 --> 00:30:17,700

to another person very advanced someone

723

00:30:20,960 --> 00:30:19,409

I'd really like just talk to and said

724

00:30:23,740 --> 00:30:20,970

hey forget about the whole idea of

725

00:30:25,999 --> 00:30:23,750

reincarnation we are simultaneously

726

00:30:27,889 --> 00:30:26,009

reincarnating all the time that's the

727

00:30:30,139 --> 00:30:27,899

only way we can explain this idea of

728

00:30:32,389 --> 00:30:30,149

time being kind of this illusion that

729

00:30:33,980 --> 00:30:32,399

we're in so we got all these people and

730

00:30:35,960 --> 00:30:33,990

then you come along and you're saying a

731

00:30:38,690 --> 00:30:35,970

really beautiful thing I like what you

732

00:30:43,190 --> 00:30:38,700

said about you know reframing the

733

00:30:45,790 --> 00:30:43,200

role of our if our body is in our brain

734

00:30:48,950 --> 00:30:45,800

is this vessel that is tuning

735

00:30:51,650 --> 00:30:48,960

consciousness then realize that we're

736

00:30:53,000 --> 00:30:51,660

constantly messing with the tuning no

737

00:30:56,240 --> 00:30:53,010

matter what we're doing with that bag of

738

00:30:58,700 --> 00:30:56,250

potato chips with that cigarette or with

739

00:31:00,860 --> 00:30:58,710

the ayahuasca and those are conscious

740

00:31:02,870 --> 00:31:00,870

choices that we can make at different

741

00:31:06,320 --> 00:31:02,880

times but do you understand my dilemma

742

00:31:08,450 --> 00:31:06,330

in trying to get all these people on the

743

00:31:10,400 --> 00:31:08,460

boat kind of talking in the same

744

00:31:13,550 --> 00:31:10,410

language so I can figure out what to do

745

00:31:16,010 --> 00:31:13,560

oh yeah I love your dilemma um you know

746

00:31:17,060 --> 00:31:16,020

you talked about that that what I heard

747

00:31:19,220 --> 00:31:17,070

when you were talking about being

748

00:31:20,990 --> 00:31:19,230

sentient being like reflecting what I

749

00:31:23,270 --> 00:31:21,000

had said about realizing where these

750

00:31:24,470 --> 00:31:23,280

feelings sensing beings is when we do

751

00:31:27,320 --> 00:31:24,480

that we can walk with a lot more

752

00:31:29,660 --> 00:31:27,330

consciousness of our actions you know

753

00:31:32,210 --> 00:31:29,670

and how we interact you know you read my

754

00:31:34,310 --> 00:31:32,220

book so you've kind of got you have you

755

00:31:36,230 --> 00:31:34,320

follow the full journey from complete

756

00:31:37,460 --> 00:31:36,240

skeptic too little experience little

757

00:31:39,260 --> 00:31:37,470

experience in that we kind of jumped

758

00:31:41,090 --> 00:31:39,270

right into some stuff I think if people

759

00:31:43,730 --> 00:31:41,100

read the book that you know it's got a

760

00:31:45,950 --> 00:31:43,740

trajectory I haven't had anyone said I

761

00:31:47,570 --> 00:31:45,960

can't follow that journey when they're

762

00:31:48,920 --> 00:31:47,580

doing it even atheists have read the

763

00:31:51,770 --> 00:31:48,930

book of kind of me like that was cool

764

00:31:54,350 --> 00:31:51,780

but in the book I'm very conscious of

765

00:31:56,900 --> 00:31:54,360

not saying anything is absolute you know

766

00:31:58,270 --> 00:31:56,910

I never say like let's take Jesus for an

767

00:32:01,430 --> 00:31:58,280

example one of the many questions I get

768

00:32:03,680 --> 00:32:01,440

what is Jesus did he really exists was

769

00:32:06,380 --> 00:32:03,690

it this is he a cosmic implant is it

770

00:32:09,020 --> 00:32:06,390

some argue type and my answer is I don't

771

00:32:12,320 --> 00:32:09,030

know I just hold the pot the quantum

772

00:32:15,910 --> 00:32:12,330

possibilities of it all being possible

773

00:32:19,730 --> 00:32:15,920

in using discretion to work within that

774

00:32:21,650 --> 00:32:19,740

I because when you really find fixed

775

00:32:23,030 --> 00:32:21,660

something and say this is absolute in

776

00:32:24,680 --> 00:32:23,040

quantum physics you know they call it

777

00:32:26,630 --> 00:32:24,690

collapsing the wave you just collapse

778

00:32:28,520 --> 00:32:26,640

all these other possibility into one

779

00:32:31,940 --> 00:32:28,530

thing and it's kind of a like a party

780

00:32:33,530 --> 00:32:31,950

bummer really and I experienced that

781

00:32:34,610 --> 00:32:33,540

firsthand there's this author I don't

782

00:32:36,290 --> 00:32:34,620

know if you've heard of him Timothy

783

00:32:39,050 --> 00:32:36,300

freak who wrote the Jesus Merce

784

00:32:40,850 --> 00:32:39,060

mysteries sure and I saw him and he said

785

00:32:44,750 --> 00:32:40,860

live in front of a whole gnostic group I

786

00:32:47,780 --> 00:32:44,760

was kind of a coordinating Jesus did not

787

00:32:50,000 --> 00:32:47,790

exist absolutely this human never walked

788

00:32:52,820 --> 00:32:50,010

the planet in my whole Gnostic group

789

00:32:54,980 --> 00:32:52,830

left like pissed off in and we love this

790

00:32:58,220 --> 00:32:54,990

guy but we were like wow how can he say

791

00:33:00,350 --> 00:32:58,230

like unless he was there investigating

792

00:33:02,210 --> 00:33:00,360

all the lands of you know is all the

793

00:33:05,539 --> 00:33:02,220

time maybe he could possibly say that's

794

00:33:07,159 --> 00:33:05,549

true and so he collapsed away for us and

795

00:33:10,730 --> 00:33:07,169

like I said it was kind of a party

796

00:33:12,110 --> 00:33:10,740

bummer really so you note a lot one

797

00:33:15,710 --> 00:33:12,120

thing I want to talk about before you

798

00:33:19,340 --> 00:33:15,720

run out of too much time is this evolved

799

00:33:21,759 --> 00:33:19,350

or.net thing that you've helped found

800

00:33:24,169 --> 00:33:21,769

and that you're a part of its

801  
00:33:26,419 --> 00:33:24,179  
fascinating experiment told people

802  
00:33:29,360 --> 00:33:26,429  
what's going on what is Evolver net well

803  
00:33:31,759 --> 00:33:29,370  
uh just I think I gotta explain how it

804  
00:33:33,470 --> 00:33:31,769  
started which was I had actually gone

805  
00:33:35,480 --> 00:33:33,480  
through this initiative journey of

806  
00:33:37,789 --> 00:33:35,490  
mystic mcrib mystical experiences and

807  
00:33:41,000 --> 00:33:37,799  
such being a countercultural guy as well

808  
00:33:43,490 --> 00:33:41,010  
and I wanted to get back into activism

809  
00:33:45,230 --> 00:33:43,500  
but a different type I didn't want to do

810  
00:33:48,200 --> 00:33:45,240  
the same kind of stuff going through

811  
00:33:50,240 --> 00:33:48,210  
mainstream media and having them smash

812  
00:33:53,090 --> 00:33:50,250  
and squash all all your beautiful

813  
00:33:55,759 --> 00:33:53,100

stories into either taking out the

814

00:33:58,250 --> 00:33:55,769

essence are being cynical and at that

815

00:34:00,740 --> 00:33:58,260

time i ran into Daniel Pinchbeck author

816

00:34:03,529 --> 00:34:00,750

of 2012 the return of quetzalcoatl Ken

817

00:34:06,230 --> 00:34:03,539

Jordan a digital democracy pioneer in

818

00:34:07,519 --> 00:34:06,240

this artist Michael Robinson and they

819

00:34:09,619 --> 00:34:07,529

were starting up a magazine called

820

00:34:11,810 --> 00:34:09,629

reality sandwich and as soon as I saw

821

00:34:13,669 --> 00:34:11,820

that I was like I'm on board because it

822

00:34:16,010 --> 00:34:13,679

was exactly what I wanted to do it was

823

00:34:18,800 --> 00:34:16,020

media activism about transformation and

824

00:34:21,139 --> 00:34:18,810

all these guys and it started off as

825

00:34:23,210 --> 00:34:21,149

dudes we now have a lot of women were

826  
00:34:26,119 --> 00:34:23,220  
running the organization which I'm happy

827  
00:34:27,919 --> 00:34:26,129  
about but we we had all been kind of

828  
00:34:30,440 --> 00:34:27,929  
these counterculture activists artists

829  
00:34:32,869 --> 00:34:30,450  
writer guys and we suddenly had these

830  
00:34:34,520 --> 00:34:32,879  
mystical experiences and became

831  
00:34:38,629 --> 00:34:34,530  
interested in like buckminster fuller

832  
00:34:40,609 --> 00:34:38,639  
design science and shamanism and open

833  
00:34:42,200 --> 00:34:40,619  
space technology and complementary

834  
00:34:45,320 --> 00:34:42,210  
currencies we saw all these different

835  
00:34:47,869 --> 00:34:45,330  
avenues the green movement being

836  
00:34:49,730 --> 00:34:47,879  
interconnected and so we launched this

837  
00:34:52,250 --> 00:34:49,740  
website reality sandwich where we could

838  
00:34:54,859 --> 00:34:52,260

share our stories with vulture to see

839

00:34:56,510 --> 00:34:54,869

who who's out there and very soon we

840

00:34:59,480 --> 00:34:56,520

gathered a pretty dedicated

841

00:35:00,770 --> 00:34:59,490

international audience but what we saw

842

00:35:02,540 --> 00:35:00,780

is they didn't want to just stay online

843

00:35:04,880 --> 00:35:02,550

they really wanted to transform their

844

00:35:06,770 --> 00:35:04,890

communities so we started up what we

845

00:35:07,170 --> 00:35:06,780

called evolved our spoor is based on the

846

00:35:09,180 --> 00:35:07,180

might

847

00:35:11,370 --> 00:35:09,190

silly ol interconnectedness poor

848

00:35:14,069 --> 00:35:11,380

networks out there that in nature that

849

00:35:15,450 --> 00:35:14,079

creates so much abundant life and they

850

00:35:19,470 --> 00:35:15,460

kind of share information with each

851  
00:35:22,500 --> 00:35:19,480  
other and we started regional chapters

852  
00:35:26,130 --> 00:35:22,510  
and we now have 50 evolver spore

853  
00:35:27,780 --> 00:35:26,140  
chapters out there who it's great they

854  
00:35:29,309 --> 00:35:27,790  
host alternative film screenings for

855  
00:35:32,010 --> 00:35:29,319  
movies that have no other place to go

856  
00:35:34,410 --> 00:35:32,020  
like wake up or thrive or that kind of

857  
00:35:36,900 --> 00:35:34,420  
thing book tours I got to do an amazing

858  
00:35:41,339 --> 00:35:36,910  
book tour around the country in Canada

859  
00:35:44,250 --> 00:35:41,349  
as well eco festivals cleaning up

860  
00:35:46,410 --> 00:35:44,260  
beaches permaculture gardens they

861  
00:35:48,690 --> 00:35:46,420  
started a local currency in Baltimore

862  
00:35:50,670 --> 00:35:48,700  
help that that's not on 200 stores

863  
00:35:53,280 --> 00:35:50,680

they've started time banks and give

864

00:35:55,319 --> 00:35:53,290

circles so a lot of positive good

865

00:35:58,530 --> 00:35:55,329

transformational things you know we've

866

00:36:00,990 --> 00:35:58,540

had a very esoteric conversation but I'm

867

00:36:02,790 --> 00:36:01,000

a really practical person and so are the

868

00:36:05,760 --> 00:36:02,800

people in evolve and reality sandwich so

869

00:36:08,549 --> 00:36:05,770

we want to see this consciousness really

870

00:36:10,349 --> 00:36:08,559

grounding and taking root and maybe

871

00:36:13,049 --> 00:36:10,359

that's my problem with a lot of the New

872

00:36:15,930 --> 00:36:13,059

Age movement is it seems very

873

00:36:18,690 --> 00:36:15,940

self-absorbed workshops self-improvement

874

00:36:20,700 --> 00:36:18,700

that but it's not like how do we act in

875

00:36:22,589 --> 00:36:20,710

the world and maybe that's one of the

876

00:36:24,660 --> 00:36:22,599

reasons I'm so excited about like Jesus

877

00:36:27,079 --> 00:36:24,670

as a mystical figure is he's kind of a

878

00:36:30,120 --> 00:36:27,089

yogi in an activist at the same time

879

00:36:32,520 --> 00:36:30,130

turning over tables in the temple that

880

00:36:34,770 --> 00:36:32,530

kind of thing and also I'd like to say

881

00:36:36,809 --> 00:36:34,780

as an energy healer this is a larger

882

00:36:38,819 --> 00:36:36,819

scale project of mine I have a lot of

883

00:36:40,620 --> 00:36:38,829

individual clients and it's just such

884

00:36:43,650 --> 00:36:40,630

rewarding work seeing their lives

885

00:36:45,809 --> 00:36:43,660

transformed but i think is a society

886

00:36:47,549 --> 00:36:45,819

energetically where a house divided we

887

00:36:50,819 --> 00:36:47,559

fight for resources we fight for money

888

00:36:52,289 --> 00:36:50,829

jobs whatever it is and what Evolver

889

00:36:54,000 --> 00:36:52,299

they'll all right after czar working on

890

00:36:55,910 --> 00:36:54,010

doing and they're a lot of others too we

891

00:36:59,220 --> 00:36:55,920

partner with a lot of other groups is

892

00:37:01,170 --> 00:36:59,230

I'm seeing I'm seeing develop as a more

893

00:37:03,630 --> 00:37:01,180

of a sacred geometry we're instead of

894

00:37:05,970 --> 00:37:03,640

blocking each other we start sharing

895

00:37:08,220 --> 00:37:05,980

each other's resources weaker these

896

00:37:09,450 --> 00:37:08,230

circles of energy that actually can

897

00:37:12,599 --> 00:37:09,460

create abundance since they're up

898

00:37:15,059 --> 00:37:12,609

steadily and flow the resources around

899

00:37:18,270 --> 00:37:15,069

in a way that they haven't with more of

900

00:37:20,310 --> 00:37:18,280

the hierarchical models yeah yeah yeah

901  
00:37:22,760 --> 00:37:20,320  
I'd love to go there there's

902  
00:37:26,150 --> 00:37:22,770  
that there's just so many problems with

903  
00:37:29,700 --> 00:37:26,160  
activism there's some fundamental

904  
00:37:32,250 --> 00:37:29,710  
spiritual questions about whether we are

905  
00:37:33,860 --> 00:37:32,260  
supposed to act or whether we're just

906  
00:37:36,920 --> 00:37:33,870  
posted there's there's a back door

907  
00:37:41,280 --> 00:37:36,930  
materialism to activism that is

908  
00:37:44,850 --> 00:37:41,290  
inescapable and that is that isn't the

909  
00:37:47,880 --> 00:37:44,860  
world perfect just the way that it is

910  
00:37:50,310 --> 00:37:47,890  
and isn't our awakening really awake and

911  
00:37:51,990 --> 00:37:50,320  
an awakening to that how do you how do

912  
00:37:54,330 --> 00:37:52,000  
you deal with that part i'm sure you've

913  
00:37:56,910 --> 00:37:54,340

come across that how do you deal with

914

00:37:58,710 --> 00:37:56,920

that vibe if you will well i think

915

00:38:00,390 --> 00:37:58,720

that's a very deep study that you're

916

00:38:02,670 --> 00:38:00,400

talking about and it's 1 i'm starting to

917

00:38:04,050 --> 00:38:02,680

see with occupy people like evolver was

918

00:38:06,350 --> 00:38:04,060

very helpful for them and being like

919

00:38:09,630 --> 00:38:06,360

don't just complain about everything

920

00:38:11,370 --> 00:38:09,640

let's vision what what we can create so

921

00:38:13,890 --> 00:38:11,380

you know our model is really about

922

00:38:16,130 --> 00:38:13,900

creation and I think spirituality is

923

00:38:18,390 --> 00:38:16,140

very creative I mean there's a reason

924

00:38:21,210 --> 00:38:18,400

you know what I think you asked a great

925

00:38:23,400 --> 00:38:21,220

question Alex you want to cut out you

926

00:38:25,170 --> 00:38:23,410

invest about activism like there's this

927

00:38:27,810 --> 00:38:25,180

thing about activism which I thought was

928

00:38:29,340 --> 00:38:27,820

I liked that question i guess the part

929

00:38:32,330 --> 00:38:29,350

i'd like to hear you kind of talk a

930

00:38:34,920 --> 00:38:32,340

little bit about is is this idea of

931

00:38:37,710 --> 00:38:34,930

materialism i mean if you buy into

932

00:38:39,660 --> 00:38:37,720

materialism both as an individual if you

933

00:38:41,310 --> 00:38:39,670

think you're a biological robot and

934

00:38:44,580 --> 00:38:41,320

that's all you are well man you're lost

935

00:38:46,500 --> 00:38:44,590

and if you buy into materialism as it

936

00:38:48,510 --> 00:38:46,510

exists in our society that we need to

937

00:38:51,300 --> 00:38:48,520

get all weekend and we need to go bomb

938

00:38:53,790 --> 00:38:51,310

other people all that stuff you're lost

939

00:38:56,400 --> 00:38:53,800

but as soon as you cross that chasm and

940

00:38:58,710 --> 00:38:56,410

you say ok there's there's something

941

00:39:01,560 --> 00:38:58,720

more then i think you run into this

942

00:39:04,260 --> 00:39:01,570

problem of really exactly what we're

943

00:39:06,690 --> 00:39:04,270

talking about and that is materialism

944

00:39:09,600 --> 00:39:06,700

keeps wanting to creep itself back into

945

00:39:11,250 --> 00:39:09,610

the equation from that questioning part

946

00:39:13,290 --> 00:39:11,260

that you're saying the limitless

947

00:39:16,020 --> 00:39:13,300

possibilities non collapse of the wave

948

00:39:18,840 --> 00:39:16,030

function to this hey i need to take

949

00:39:22,020 --> 00:39:18,850

action here i need to go do this i need

950

00:39:24,480 --> 00:39:22,030

to vote for this candidate i need to do

951  
00:39:26,730 --> 00:39:24,490  
that isn't there the risk there that we

952  
00:39:28,860 --> 00:39:26,740  
kind of get into this backdoor

953  
00:39:31,830 --> 00:39:28,870  
materialism again where we really think

954  
00:39:33,940 --> 00:39:31,840  
that we're building this stuff that's

955  
00:39:35,710 --> 00:39:33,950  
going to do this stuff for tomorrow

956  
00:39:37,660 --> 00:39:35,720  
oh you know what I'm saying isn't there

957  
00:39:41,290 --> 00:39:37,670  
a little bit of kind of creeping back

958  
00:39:44,079 --> 00:39:41,300  
into that we're in control thing oh yeah

959  
00:39:45,670 --> 00:39:44,089  
but I think it's bull we've once again a

960  
00:39:48,730 --> 00:39:45,680  
set up an either/or and I think it's

961  
00:39:51,130 --> 00:39:48,740  
both end because if I look at most of my

962  
00:39:52,930 --> 00:39:51,140  
clients most of them come in and think

963  
00:39:55,690 --> 00:39:52,940

we're going to talk about past lives and

964

00:39:57,130 --> 00:39:55,700

this and that nice high most of them

965

00:39:59,079 --> 00:39:57,140

need to get in the material world a

966

00:40:02,349 --> 00:39:59,089

little bit they need to get in their

967

00:40:04,810 --> 00:40:02,359

bodies and you know find out find out

968

00:40:07,210 --> 00:40:04,820

how to figure out jobs and live an

969

00:40:09,880 --> 00:40:07,220

abundant life you know that doesn't mean

970

00:40:12,130 --> 00:40:09,890

by a mansion but it just means to know

971

00:40:14,050 --> 00:40:12,140

how to support themselves and talk with

972

00:40:16,630 --> 00:40:14,060

people like like I don't want to deny

973

00:40:18,339 --> 00:40:16,640

that aspect because it is important and

974

00:40:20,740 --> 00:40:18,349

I denied it for many years of my

975

00:40:23,290 --> 00:40:20,750

existence and maybe that was why I was a

976  
00:40:26,170 --> 00:40:23,300  
marginalized activists on the other hand

977  
00:40:28,510 --> 00:40:26,180  
I definitely saw this with like occupy

978  
00:40:31,780 --> 00:40:28,520  
you know it was very frustrating for me

979  
00:40:33,940 --> 00:40:31,790  
seeing all the projected anger about the

980  
00:40:35,380 --> 00:40:33,950  
finance it's good to I actually believe

981  
00:40:37,630 --> 00:40:35,390  
I do a lot of anger work with clients

982  
00:40:40,210 --> 00:40:37,640  
it's good to express anger but when you

983  
00:40:41,530 --> 00:40:40,220  
projected at others it creates more that

984  
00:40:43,930 --> 00:40:41,540  
fear culture it's actually a violent

985  
00:40:46,780 --> 00:40:43,940  
energy projected and if we call that

986  
00:40:48,339 --> 00:40:46,790  
psychic attack and there was so much of

987  
00:40:50,170 --> 00:40:48,349  
that going so many projections and so

988  
00:40:52,180 --> 00:40:50,180

much anger at this and you could tell it

989

00:40:54,730 --> 00:40:52,190

was one exhausting them out it wasn't

990

00:40:56,710 --> 00:40:54,740

just to the police or everyone else they

991

00:40:59,740 --> 00:40:56,720

were getting there's energy systems like

992

00:41:01,510 --> 00:40:59,750

depleted and what I like to evolve are

993

00:41:04,030 --> 00:41:01,520

in this is we're more of like oh how can

994

00:41:06,700 --> 00:41:04,040

you create how can you follow your bliss

995

00:41:08,890 --> 00:41:06,710

and your passions and do what you love

996

00:41:10,420 --> 00:41:08,900

and I think this is the Joseph Campbell

997

00:41:13,960 --> 00:41:10,430

talks about this this is a dance we have

998

00:41:15,700 --> 00:41:13,970

of integrating kind of book I talk about

999

00:41:18,220 --> 00:41:15,710

this as serpent energy which is the

1000

00:41:20,290 --> 00:41:18,230

material the mother and the Dove or

1001  
00:41:22,170 --> 00:41:20,300  
eagle energy which is more of the spirit

1002  
00:41:25,210 --> 00:41:22,180  
and the Freedom and the flowing and

1003  
00:41:27,309 --> 00:41:25,220  
that's that's the beautiful cosmic dance

1004  
00:41:30,819 --> 00:41:27,319  
that you see actually really manifested

1005  
00:41:32,920 --> 00:41:30,829  
in the dragon who is a being that's very

1006  
00:41:36,370 --> 00:41:32,930  
magical in Eastern cultures because they

1007  
00:41:39,160 --> 00:41:36,380  
have managed sky and earth it all of

1008  
00:41:41,170 --> 00:41:39,170  
mastered all of the elements water these

1009  
00:41:43,300 --> 00:41:41,180  
things and so I think what you brought

1010  
00:41:46,569 --> 00:41:43,310  
up alex is a great study that we all do

1011  
00:41:47,240 --> 00:41:46,579  
it's an alchemy of walking as a human

1012  
00:41:50,420 --> 00:41:47,250  
and be

1013  
00:41:52,190 --> 00:41:50,430

is a human on this planet it's being in

1014

00:41:55,010 --> 00:41:52,200

doing and creating a right relationship

1015

00:41:56,810 --> 00:41:55,020

between that you know that's awesome

1016

00:42:00,020 --> 00:41:56,820

plot and I think you've drawn out a

1017

00:42:03,230 --> 00:42:00,030

couple of really nice parallels there

1018

00:42:05,450 --> 00:42:03,240

between in this case non action and

1019

00:42:07,910 --> 00:42:05,460

action what I hear you saying is we're

1020

00:42:10,670 --> 00:42:07,920

all acting anyway so let's be more

1021

00:42:12,830 --> 00:42:10,680

conscious of the actions that we're

1022

00:42:15,230 --> 00:42:12,840

taking and I think you're doing the same

1023

00:42:18,230 --> 00:42:15,240

thing when you're talking about using

1024

00:42:20,840 --> 00:42:18,240

any substances hey we're taking

1025

00:42:24,290 --> 00:42:20,850

substances into our body anyway let's

1026

00:42:27,350 --> 00:42:24,300

just be more aware of what substances

1027

00:42:29,540 --> 00:42:27,360

were taking in and how they're affecting

1028

00:42:33,110 --> 00:42:29,550

our ability to move towards whatever

1029

00:42:36,740 --> 00:42:33,120

we're trying to move towards so awesome

1030

00:42:39,110 --> 00:42:36,750

work man I can see why everyone so into

1031

00:42:41,180 --> 00:42:39,120

talaat Jonathan Phillips and the

1032

00:42:43,010 --> 00:42:41,190

electric jeezus tell us a little bit

1033

00:42:46,340 --> 00:42:43,020

about what else is going on with you

1034

00:42:49,940 --> 00:42:46,350

where people can find more about you or

1035

00:42:51,890 --> 00:42:49,950

find you in the flesh oh great yeah well

1036

00:42:54,770 --> 00:42:51,900

i'm moving to san francisco in a month

1037

00:42:56,750 --> 00:42:54,780

so i'm very excited about that and i

1038

00:42:58,790 --> 00:42:56,760

have international healing clients I'm

1039

00:43:00,320 --> 00:42:58,800

now moving part time with evolver to

1040

00:43:03,080 --> 00:43:00,330

devote a lot more time to my healing

1041

00:43:07,310 --> 00:43:03,090

practice so I do Skype sessions if

1042

00:43:09,590 --> 00:43:07,320

anyone's interested also I'll probably

1043

00:43:11,300 --> 00:43:09,600

be doing a healing school in the fall I

1044

00:43:13,490 --> 00:43:11,310

am really being called to that because

1045

00:43:15,380 --> 00:43:13,500

there's only one of me and I'd like to

1046

00:43:18,290 --> 00:43:15,390

have some other people to recommend

1047

00:43:21,020 --> 00:43:18,300

folks to using the certain tech

1048

00:43:22,730 --> 00:43:21,030

bioenergetic techniques that I use so

1049

00:43:24,680 --> 00:43:22,740

that's going on also you know Alice I

1050

00:43:26,990 --> 00:43:24,690

just want to put a call out there folks

1051

00:43:29,450 --> 00:43:27,000

are intrigued about the electric jeezus

1052

00:43:31,430 --> 00:43:29,460

book if they buy the book you can buy it

1053

00:43:33,290 --> 00:43:31,440

you know on Amazon very cheaply if you

1054

00:43:36,470 --> 00:43:33,300

want to sign copy you can get it at my

1055

00:43:39,650 --> 00:43:36,480

website to lot healing calm that's tal

1056

00:43:42,080 --> 00:43:39,660

80 just send me an email with the

1057

00:43:44,660 --> 00:43:42,090

receipt if you get an Amazon or

1058

00:43:48,200 --> 00:43:44,670

something and i'll send a 25-minute

1059

00:43:50,870 --> 00:43:48,210

chakra activation mp3 gift it's a sound

1060

00:43:52,760 --> 00:43:50,880

healing it's using color vibration that

1061

00:43:55,160 --> 00:43:52,770

kind of stuff and if you believe it or

1062

00:43:56,780 --> 00:43:55,170

not just you can give it a try but just

1063

00:44:00,110 --> 00:43:56,790

make sure when you email me that you say

1064

00:44:01,070 --> 00:44:00,120

that you you heard it from this show to

1065

00:44:03,140 --> 00:44:01,080

get that gift

1066

00:44:04,450 --> 00:44:03,150

just that's a little thanks and now is I

1067

00:44:08,720 --> 00:44:04,460

want to say thanks man I really

1068

00:44:10,850 --> 00:44:08,730

appreciate your perspective and the way

1069

00:44:12,980 --> 00:44:10,860

you hold space and also can challenge I

1070

00:44:15,230 --> 00:44:12,990

think it's a quite a quite an artistic

1071

00:44:17,000 --> 00:44:15,240

thing you're doing well that's great to

1072

00:44:18,830 --> 00:44:17,010

hear thank you so much too hot it's been

1073

00:44:21,380 --> 00:44:18,840

great having you on and I hope we stay

1074

00:44:23,480 --> 00:44:21,390

in touch would love to hear as things

1075

00:44:26,690 --> 00:44:23,490

move forward with you what you're up to

1076

00:44:29,750 --> 00:44:26,700

so let's stay in touch nice yeah ofse in

1077

00:44:32,030 --> 00:44:29,760

cali thanks again just a lot for joining

1078

00:44:33,710 --> 00:44:32,040

me today on skeptic oh let me t up a

1079

00:44:36,080 --> 00:44:33,720

couple of questions from this and they

1080

00:44:38,620 --> 00:44:36,090

really have to do with this issue that

1081

00:44:41,540 --> 00:44:38,630

kept coming up between being and doing

1082

00:44:44,930 --> 00:44:41,550

both in terms of how we approach other

1083

00:44:47,540 --> 00:44:44,940

substances in how we approach action so

1084

00:44:51,560 --> 00:44:47,550

the first would be what about this whole

1085

00:44:55,070 --> 00:44:51,570

idea of drugs about hallucinogenic Seth

1086

00:44:56,930 --> 00:44:55,080

Nia jen's as the Gnostic crowd likes to

1087

00:44:59,030 --> 00:44:56,940

call them I thought a lot had one of the

1088

00:45:01,580 --> 00:44:59,040

best answers I've heard for that and

1089

00:45:03,440 --> 00:45:01,590

that is everything is affecting our

1090

00:45:06,110 --> 00:45:03,450

consciousness is perturbing our

1091

00:45:09,290 --> 00:45:06,120

consciousness so why get too hung up on

1092

00:45:12,290 --> 00:45:09,300

whether it's ayahuasca or refined sugar

1093

00:45:15,320 --> 00:45:12,300

but I don't think that really totally

1094

00:45:18,320 --> 00:45:15,330

fits does it and the other issue related

1095

00:45:21,500 --> 00:45:18,330

that is don't we always come back here

1096

00:45:24,500 --> 00:45:21,510

and if we always come back here then

1097

00:45:26,630 --> 00:45:24,510

what's the big need to go there so the

1098

00:45:29,980 --> 00:45:26,640

question I guess would be do you think

1099

00:45:32,480 --> 00:45:29,990

there's an appropriate place for

1100

00:45:35,110 --> 00:45:32,490

hallucinogenics for people who are

1101

00:45:37,640 --> 00:45:35,120

seeking spiritual or consciousness

1102

00:45:40,910 --> 00:45:37,650

development and the second question

1103

00:45:44,450 --> 00:45:40,920

would be this question about being verse

1104

00:45:46,760 --> 00:45:44,460

is doing how do we decide what are the

1105

00:45:48,980 --> 00:45:46,770

right actions I mean we sure know

1106

00:45:51,620 --> 00:45:48,990

there's a lot of unintended consequences

1107

00:45:53,660 --> 00:45:51,630

out there how do we know when we are

1108

00:45:56,480 --> 00:45:53,670

supposed to act and how we are supposed

1109

00:45:58,850 --> 00:45:56,490

to act and to what extent can activism

1110

00:46:02,030 --> 00:45:58,860

be the right choice when is it a good

1111

00:46:05,030 --> 00:46:02,040

idea to rally other people and oppose

1112

00:46:07,430 --> 00:46:05,040

other groups or in some spiritual sense

1113

00:46:09,230 --> 00:46:07,440

is that always folly because things are

1114

00:46:12,080 --> 00:46:09,240

always the way that they're supposed to

1115

00:46:14,620 --> 00:46:12,090

be so a couple of broad questions

1116

00:46:17,019 --> 00:46:14,630

hopefully Michael Larkin who's

1117

00:46:19,809 --> 00:46:17,029

a nice job of reframing those on The

1118

00:46:22,150 --> 00:46:19,819

Skeptical form can kind of distill those

1119

00:46:24,670 --> 00:46:22,160

down to something that's short and

1120

00:46:26,740 --> 00:46:24,680

concise will look for Michael to do that

1121

00:46:29,079 --> 00:46:26,750

of course the place to join us and talk

1122

00:46:30,910 --> 00:46:29,089

about those questions is either on The

1123

00:46:35,200 --> 00:46:30,920

Skeptical form or in the comments

1124

00:46:39,339 --> 00:46:35,210

section of the website both at wwc a

1125

00:46:41,920 --> 00:46:39,349

petticoat com that's ske PTI KO kaam

1126

00:46:43,990 --> 00:46:41,930

you'll also find there a link to more

1127

00:46:46,960 --> 00:46:44,000

than 200 previous episodes of skip to go

1128

00:46:48,309 --> 00:46:46,970

and the Facebook and email link for me I

1129

00:46:51,370 --> 00:46:48,319

have a couple of interesting shows

1130

00:46:53,680 --> 00:46:51,380

coming up and many more scheduled I hope

1131

00:46:56,079 --> 00:46:53,690

you'll stay with me for all of that but

1132

00:46:57,680 --> 00:46:56,089

until next time take care and bye for